**Advanced Practice in Pulmonary Rehabilitation**

**Wednesday 5 & Thursday 6 November 2025**

**Online Programme**

|  |  |
| --- | --- |
|  | **WEDNESDAY 5 NOVEMBER 2025** |
| **SESSION 1** |  |
| **09.05am – 09.10am** | **Chair: Dr Samantha Kon & Anna Alderslade**  **Welcome, Introduction and session objectives** |
| **09.10am – 09.45am** | **Face to face pulmonary rehabilitation: What does the future hold?**  **Dr Enya Daynes** |
| **09.45am – 10.20am** | **The evidence for and clinical application of emerging models of pulmonary**  **Rehabilitation**  **Professor William Man** |
| **10.20am – 10.40am** | **SCREEN BREAK** |
| **10.30am – 11.40am** | **Case study 1 - *Breakout Groups***  **Face-to-face pulmonary rehabilitation and emerging models of**  **Pulmonary rehabilitation in chronic lung disease** |
| **11.40am – 12.00pm** | **Chaired by: Dr Samantha Kon & Anna Alderslade**  **Q & A Session** |
| **12.00pm – 12.45pm** | **LUNCH BREAK** |
| **SESSION 2** |  |
| **12.45pm – 12.50pm** | **Chair: Frances Butler & Anna Alderslade**  **Welcome back & session objectives** |
| **12.50pm – 1.25pm** | **An introduction to the key concepts in delivery education in pulmonary**  **rehabilitation**  **Dr Louise Sewell** |
| **1.25pm – 1.55pm** | **Addressing health literacy and practical tips in delivering education in**  **Pulmonary rehabilitation**  **Professor Nicola Roberts** |
| **1.55pm – 2.15pm** | **SCREEN BREAK** |
| **2.15pm – 3.15pm** | **Group exercise/Case Study 2 - *Breakout Groups***  **Delivering education – traditional and novel models** |
| **3.15pm – 3.45pm** | **Chaired by: Frances Butler & Anna Alderslade**  **Q & A Session** |
| **3.45pm** | **End of day summary and close** |

|  |  |
| --- | --- |
|  | **THURSDAY 6 NOVEMBER 2025** |
| **SESSION 3** |  |
| **08.50am – 08.55am** | **Chair: Professor Ioannis Vogiatzis & Dr Matthew Armstrong**  **Welcome, review of previous day’s content and session objectives** |
| **08.55am – 09.35am** | **The role of ambulatory oxygen therapy during exercise**  **Stuart Clarke** |
| **09.35am – 10.10am** | **Application of intermittent exercise**  **Professor Ioannis Vogiatzis** |
| **10.10am – 10.30am** | **SCREEN BREAK** |
| **10.30am – 11.05am** | **Balance training during pulmonary rehabilitation**  **Dr Kirsti Loughran** |
| **11.05am – 11.45am** | **Case study 3 - *Breakout Groups***  **Strategies to augment function** |
| **11.45am – 12.15pm** | **Chaired by: Professor Ioannis Vogiatzis & Dr Matthew Armstrong**  **Q & A Session** |
| **12.15pm – 1.00pm** | **LUNCH BREAK** |
| **SESSION 4** |  |
| **1.00pm – 1.05pm** | **Chair: Dr Kirsti Loughran & Dr Matthew Armstrong**  **Welcome back & session objectives** |
| **1.05pm – 1.35pm** | **Exercise-based rehabilitation for people with multi-morbidity**  **Professor Rod Taylor** |
| **1.35pm – 2.05pm** | **Motivational Interviewing in PR**  **Dr Gillian Doe** |
| **2.05pm – 2.25pm** | **SCREEN BREAK** |
| **2.25pm – 3.10pm** | **Case study 4 - *Breakout Groups***  **Delivering rehabilitation for different groups** |
| **3.10pm – 3.40pm** | **Chaired by: Dr Kirsti Loughran, Dr Samantha Kon,**  **Anna Alderslade, Dr Matthew Armstrong**  **Q & A Session (faculty input)** |
| **3.40pm – 3.45pm** | **Summary & close** |

|  |
| --- |
| **Group Facilitators** |
| Rachel Williams |
| Ellen Gallie |
| Melanie Palmer |
| Samantha Kon |
| Stuart Clarke |
| Fran Butler |
| Mitul Thacker |
| Carolina Uribe |
| Michelle Maguire |
| Matthew Armstrong |
| Lynsey Wright |