## Example electronic record

Set out below is an example physical health assessment record used to track smoking status and the provision of very brief advice. The system was set up to automatically sort referrals and direct them to the relevant hospital or community based tobacco dependence specialist.

Smokers Screening	
1) Does the patient currently smoke tobacco?*	● Yes ○ No
2) Has the patient ever smoked?	● Yes ○ No
If yes, state when they quit?	15
3) Usual daily cigarette consumption?	30
4) Time to first cigarette of the day?	6 to 30 minutes
5) Expired breath carbon monoxide reading (ppm)?	28 ×
6) Has the patient been advised that stopping smoking is the best thing for their health and free support is available?*	● Yes ○ No
7) Does the patient consent to a referral to support from a specialist advisor?*	● Yes ○ No
If No, the patient refused a referral. Has the patient been offered nicotine replacement therapy for management of temporary abstinence?	

## Acknowledgement: South London & Maudsley NHS Foundation Trust