



British
Thoracic
Society



Advanced Practice in Pulmonary Rehabilitation

Wednesday 4 & Thursday 5 November 2026

Programme

WEDNESDAY 4 NOVEMBER 2026	
SESSION 1	
09.05am – 09.10am	Chair: Dr Samantha Kon & Dr Kirsti Loughran Welcome, Introduction and session objectives
09.10am – 09.45am	The evidence for and clinical application of traditional and emerging models of pulmonary rehabilitation Professor William Man
09.45am – 10.20am	Preparing for accreditation Maria Buxton
10.20am – 10.30am	SCREEN BREAK
10.30am – 11.40am	Case study 1 - <i>Breakout Groups</i> Measuring quality and traditional and emerging models of pulmonary rehabilitation in chronic lung disease
11.40am – 12.00pm	Chaired by: Dr Samantha Kon & Dr Kirsti Loughran Q & A Session (faculty input)
12.00pm – 12.45pm	LUNCH BREAK
SESSION 2	
12.45pm - 12.50pm	Chaired: Dr Sam Kon & Laura Moth Welcome back, review of previous session content & objectives
12.50pm – 1.25pm	The role of ambulatory oxygen therapy during exercise Stuart Clarke
1.25pm – 1.55pm	Practical application of intermittent exercise in a PR community and hospital-based setting Professor Ioannis Vogiatzis
1.55pm – 2.15pm	SCREEN BREAK
2.15pm – 2.45pm	Tailoring PR for co-morbidities Dr Enya Daynes
2.45pm - 3.45pm	Case study 2 - <i>Breakout Groups</i> Tailoring exercise for different comorbidities – patient with co-existing CHF and oxygen therapy



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3.45pm - 4.05pm	Chaired: Dr Sam Kon & Laura Moth Q & A Session (faculty input) and end of day summary
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THURSDAY 5 NOVEMBER 2026	
SESSION 3	
09.00am - 09.10am	Chaired: Laura Graham and Dr Matthew Armstrong Welcome back & session objectives
09.10am - 09.40am	An introduction to the key concepts in delivery education in pulmonary rehabilitation Dr Kirsti Loughran
09.40am - 10.10am	Addressing health literacy and practical tips in delivering education in pulmonary rehabilitation Professor Nicola Roberts
10.10am – 10.30am	SCREEN BREAK
10.30am – 11.30am	Case Study 3 (Group Exercise) - <i>Breakout Groups</i> Delivering education – traditional and novel models
11.30am – 12.00pm	Chaired: Laura Graham and Dr Matthew Armstrong Q & A Session (faculty input)
12.00pm – 12.45pm	LUNCH BREAK
SESSION 4	
12.45pm – 12.50pm	Chaired: Laura Graham & Lynsey Wright Welcome back & session objectives
12.50pm – 1.20pm	How To improve engagement in pulmonary Rehabilitation – addressing referral and uptake routine, PEPR and health inequalities Holly Drover
1.20pm – 1.50pm	Motivational interviewing in PR Dr Gillian Doe
1.50pm – 2.10pm	SCREEN BREAK
2.10pm – 3.10pm	Case study 3 - <i>Breakout Groups</i> Strategies to improve uptake in a post-exacerbation patient
3.10pm – 3.40pm	Chaired: Laura Graham & Lynsey Wright Q & A Session (faculty input)
3.40pm – 3.45pm	Summary & close



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Group Facilitators
Rachel Williams
Ellen Gallie
Stuart Clarke
Fran Butler
Mitul Thacker
Carolina Uribe
Laura Moth
Matthew Armstrong
Lynsey Wright
Lucy O'Donoghue