

Advanced Practice in Pulmonary Rehabilitation

Wednesday 4 & Thursday 5 November 2026

Online Programme

	WEDNESDAY 4 NOVEMBER 2026
SESSION 1	
09.05am – 09.10am	Welcome, Introduction and session objectives
09.10am – 09.45am	The evidence for and clinical application of traditional and emerging models of pulmonary rehabilitation
09.45am – 10.20am	Preparing for accreditation
10.20am – 10.30am	SCREEN BREAK
10.30am – 11.40am	Case study 1 - Breakout Groups Measuring quality and traditional and emerging models of pulmonary rehabilitation in chronic lung disease
11.40am – 12.00pm	Q & A Session
12.00pm – 12.45pm	LUNCH BREAK
SESSION 2	
12.45pm - 12.50pm	Welcome back, review of previous session content & objectives
12.50pm – 1.25pm	The role of ambulatory oxygen therapy during exercise
1.25pm – 1.55pm	Practical application of intermittent exercise in a PR community and hospital-based setting
1.55pm – 2.15pm	SCREEN BREAK
2.15pm – 2.45pm	Tailoring PR for co-morbidities
2.45pm - 3.45pm	Case study 2 - Breakout Groups Tailoring exercise for different comorbidities – patient with co-existing CHF and oxygen therapy
3.45pm - 4.05pm	Q & A Session and end of day summary

	THURSDAY 5 NOVEMBER 2026
SESSION 3	
09.00am - 09.10am	Welcome back & session objectives
09.10am - 09.40am	An introduction to the key concepts in delivery education in pulmonary rehabilitation
09.40am - 10.10am	Addressing health literacy and practical tips in delivering education in pulmonary rehabilitation
10.10am – 10.30am	SCREEN BREAK
10.30am – 11.30am	Case Study 3 (Group Exercise) - Breakout Groups Delivering education – traditional and novel models
11.30am – 12.00pm	Q & A Session
12.00pm – 12.45pm	LUNCH BREAK
SESSION 4	
12.45pm – 12.50pm	Welcome back & session objectives
12.50pm – 1.20pm	How To improve engagement in pulmonary Rehabilitation – addressing referral and uptake routine, PEPR and health inequalities
1.20pm – 1.50pm	Motivational interviewing in PR
1.50pm – 2.10pm	SCREEN BREAK
2.10pm – 3.10pm	Case study 3 - Breakout Groups Strategies to improve uptake in a post-exacerbation patient
3.10pm – 3.40pm	Q & A Session
3.40pm – 3.45pm	Summary & close