

<b>LIQUID AND WEIGHT CONVERSION CHART</b>			
<b>PINTS (fl. Oz)</b>	<b>LITRES</b>	<b>KILOGRAMS</b>	<b>POUNDS &amp; OUNCES</b>
18fl. oz	0.5	0.5	1lb 2oz
1pt 16fl. oz	1.0	1.0	2lb 3oz
2pt 12fl. oz	1.5	1.5	3lb 5oz
3pt 10fl.oz	2.0	2.0	4lb 7oz
4pt 8fl.oz	2.5	2.5	5lb 8oz
5pt 6fl.oz	3.0	3.0	6lb 10oz
6pt 4fl.oz	3.5	3.5	7lb 11oz
7pt 0fl. Oz	4.0	4.0	8lb 13oz
7pt 18fl.oz	4.5	4.5	9lb 14oz
8pt 16fl.oz	5.0	5.0	11lb 0oz