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Attendance

Session 2 - Wednesday 2nd Dec

Advanced Practice in Pulmonary Rehabilitation

Participant	Message	Likes	State
Host	Please submit your questions here		1 Archive
Host	Welcome to the Advanced Practice in Pulmonary Rehabilitation		0 Archive
Anonymous	Is it possible to download the slides from the pre course videos?		1 Archive
Anonymous	Claire's sound is not great could she use a head set instead		0 Archive
Anonymous	We are doing face to face rehab in Leicester		3 Archive
Host	Thanks for your question. The recordings (pre-recorded and live presentations) will be available for four weeks after the end of the course, but are not available for download.		0 Archive
Anonymous	Is the SPACE manual available outside of UK? How to obtain? Cost ?		0 Archive
Anonymous	thank you Dr Mann - Do you think there is evidence that people are more able to use tech over the pandemic time?		0 Archive
Anonymous	Is training needed to administer SPACE MANUAL		0 Archive
Anonymous	Will the slides in raw form be made available? ie without recordings?		2 Archive
Anonymous	How is training progressed In these non digital Homebased models		1 Archive

Anonymous	Thank you Dr Mann. I think baseline MRC dyspnoea scale will also effect people's preference to attend these sessions and the bias that you mentioned. Do you agree? Was this different in the arms in studies shown by yourself?	0 Archive
Host	The slides won't be available in raw format, thanks for your question.	0 Archive
Anonymous	What do you think about home based PR where the COPD population is from poor socioeconomic demographic, non English speaking and there is poor engagement with home based PR	0 Archive
Anonymous	G	0 Archive
Anonymous	Any evidence about education competence improvements in home based vs centre based care?	0 Archive
Anonymous	Given this evidence would the ultimate ideal be to offer digital, non-digital and centre-based PRG?	2 Archive
Anonymous	What do you feel the best way to check compliance and how was this done in these studies?	0 Archive
Host	Thanks for all of the questions. Sorry that we weren't able to address all of them. If your question hasn't been answered, we will include it in the discussion section of session 4.	0 Archive
Anonymous	Are there any supports in the UK to help people engage in tech hardware or IT education to help support them?	0 Archive
Anonymous	What exactly was the tele rehab intervention in the Hansen study ? And again re SPACE - Can SPACE online or manual Version be used outside of UK? What is the cost ?	1 Archive
Anonymous	It would be helpful if the national audit collected data for alternative exercise test such as sit to stand	2 Archive

Anonymous	Email spaceforcopd@uhl-tr.nhs.uk for space manual or web enquiries	0 Archive
Anonymous	We added a falls risk assessment too	0 Archive
Anonymous	Home hazard assessment, emergency access to property if exercising alone	0 Archive
Anonymous	Safety - peripheral neuropathy, balance and falls hx. Dog out of room while exercising, NOK info for digital programmes, recognising deteriorating sx such as light headed, chest pain and to escalate as appropriate.	0 Archive
Anonymous	We discussed safety checklists and the ABC scale (activity, balance and confidence) that can be completed over the phone	0 Archive
Anonymous	Safety- we also thought someone needed to make sure Toby didn't get in the way	0 Archive
Anonymous	We discussed safety checklists and the ABC scale (activity, balance and confidence) that can be completed over the phone	0 Archive
Anonymous	Using the BLF exercise handbook. Patients can record on the exercise diary and the walking diary.	1 Archive
Anonymous	Use space for virtual as evidence based, family to assist supervision, consider outside space and patient willingness to access outdoor environment	1 Archive
Anonymous	The sound quality from Claire Nolan is often rather unclear. Other speakers seem to be ok.	0 Archive
Host	Content from Zoom chat	0 Archive
Host	Content from zoom chat: Question 1: keeping Betty safe: we also mentioned balance assessments (Berg, FESI, Activity Specific Balance Scale), looking at the experience of staff carrying out the assessment, Send out a booklet of the exercise, also an option of setting the patient up with the technology in a face to face manner	0 Archive

Host	Content from Zoom chat: Amazing innovative and imaginative community solutions: Bottles with water or sand, council supported tablets, supportive volunteer coaches, and using the showground for PR!	0 Archive
Anonymous	With regards to PPE when exercise testing - would you change it between every patient? As we sometimes have an overlap of patients in our gym in a socially distanced manner and may go between them	2 Published
Anonymous	I would need to change PPE between patients and clean equipment in between	0 Published
Host	Your infection control department will be able to provide specific guidance on PPE requirements in your institution. Typically, you should change gloves and gown between each patient and wash your hands and any equipment used.	1 Published
Anonymous	What tool is Emma referring to please? It cut out	0 Published
Anonymous	This is just a general question regarding the PR audit data sets. As many GP practices aren't doing spirometry at present on our referrals there is old- over 1 year old spirometry. Should we not report this on the data sets as it's not recent and leave this blank?	1 Published
Anonymous	I am surprised that 4mgs was highly correlated to both 6mwt and iswt as resp patients (even those with PR improvements) are always limited by speed, especially over longer periods ... Can you explain why you think this is so?	1 Published
Anonymous	I am surprised that 4mgs was highly correlated to both 6mwt and iswt as resp patients (even those with PR improvements) are always limited by speed, especially over longer periods ... Can you explain why you think this is so?	0 Archive
Anonymous	MUST score is possible over the phone if patient has own scales. Important to ascertain BMI weight loss etc.	0 Published

Anonymous	Could be not get the walk test from the the ambulatory o2assessment and perhaps prescribe a walking program based on that	0 Published
Host	The EASY tool - I'll ask her to write it in the chat.	0 Published
Anonymous	Re singing for breathing/singing for lung health: https://www.blf.org.uk/support-in-your-area-details/singing-group	0 Published
Host	I would imagine that 1-year old spirometry may be out of date and so not reflective of the current lung function.	0 Published
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Host	4MGS is highly correlated with ISW and 6MWT as both are walking-based measures and so similar domains are being measured. This data is reflected in COPD, IPF and elders.	2 Published
Anonymous	Has anyone trialled conference calls for the education for patients doing self management in place of live digital sessions?	0 Published
Host	https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3717896/ T Link for EASY tool	0 Published
Anonymous	In the Ward study did pts watch DVD at home or was it shown at the PR centre ?	0 Published
Anonymous	How can we measure health literacy?	1 Published
Anonymous	Peer assessing education sessions would be helpful. Any suggested templates for this? To not be taken personally	0 Published
Anonymous	Could you recommend a motivational interviewing course or resources?	0 Published
Anonymous	In Ireland MECC "make every contact count"	1 Published
Anonymous	Digital PR education difficult. Many pts would be unable to use chat function in my experience. And if mics are muted you are talking AT patients .	0 Published
Anonymous	Virtual is not ideally placed as a platform for discussion in PR Ed	0 Archive
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Anonymous

Motivational interviewing training by Pip Mason Consultancy.
<https://pipmason.com/remote-learning/>

0 Published